



A recent survey by a finance company called Bankrate asked people in the US about their work preferences. The results showed that most full-time workers in the US want to work only four days a week instead of the usual five. They would also be willing to work longer hours on those four days if they could have one extra day off.

The survey found that 81% of people who work full time in the US like the idea of a four-day workweek. This means they would work for four days but still get paid the same amount as if they worked for five.

Interestingly, 89% of those who want a four-day workweek are ready to **sacrifice** something for it. Half of them said they would work longer hours on their four workdays to enjoy an extra day off. Some people mentioned they might change jobs to have this schedule, while others would be okay with working in the evenings and on weekends or taking fewer vacations.

Over 2,300 adults **took part** in the survey, with about half of them either working full time or looking for full-time jobs. About 64% said they'd like to work from home all the time, and 68% preferred a mix of **remote work** and going to the office.

However, it's important to know that what people want and what employers can offer might not always match. Employers may not always be able to provide the flexibility that workers desire, according to Mark Hamrick from Bankrate.

## ARTICLE LANGUAGE

**Sacrifice**

to give up something for something else considered more important.

---

**Take part**

join in an activity; be involved.

---

**Remote work**

a work arrangement where employees can work from locations outside of the office.

---

## DISCUSSION

1. How is your work-life balance?
2. Would you work longer days if you could have one extra day off?
3. What are your thoughts on remote work?